

Lay aside Prayer:

Say this prayer for the next 7 days and only this prayer. 10, 15, 20 times or more as needed for any and every situation. We will talk next Thursday to see how you are doing with the prayer.

God please last side everything I think I know about my disease, the steps, the process, the book, the program, myself, and especially with you God.

God, I beg of you for an open mind and a new experience with my disease, the steps, the process, the book, the program, myself, and especially with you God.